

# Supporting Loved Ones

A web-based group for partners, spouses, adult children, parents and friends who are supporting their loved ones living with chronic illness and ongoing health challenges facilitated by Alice Redfern, MSW intern

3rd Tuesday of each month

5.30 - 6.30pm PST

This group is virtual and is open to loved ones living anywhere!

To sign up, visit:

[www.thecenterforchronicillness.org/groups](http://www.thecenterforchronicillness.org/groups)

Please contact us with any questions or to sign up at (425) 296-2705 or [info@thecenterforchronicillness.org](mailto:info@thecenterforchronicillness.org)

This program is free of cost.



Center for  
Chronic Illness

